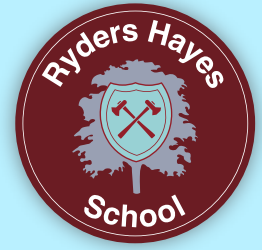




in association with



and the Bereavement Help Point Model

The Ryders' Bereavement Support Station is for any primary aged-child (aged 4-11) along with older siblings, who have been touched by grief, past or present, directly or indirectly. Why not pop in and see how we can help?

Whilst talking openly about death and dying in a safe and supportive environment at home is key to normalising the feelings of grief, sometimes a child may find it beneficial to talk to a peer instead or to someone who isn't involved. Grief can feel very isolating, so meeting others experiencing grief in a group setting such as this, using fun activities and space to talk, can reduce isolation and encourage peer support, through what can be a very confusing or difficult time.

Children and young people are likely to experience or be affected by the death of a loved one or friend during their time in education, with '1 in 29 of 5-16 year olds being bereaved of a parent or sibling*'.

There will be chance for a chat over a drink and a biscuit, as well as opportunities to engage in a series of activities to support your resilience, coping strategies, positive mental health and well-being.

Parents and carers are encouraged to stay and enjoy a chat together over a cup of coffee too. They remain responsible for the wellbeing and behaviour of their children.

Ryders' Bereavement Support Station, in association with St Giles Hospice and Bereavement Help Point Model, is a Bereavement Help Point with children at the centre, for children and their families.

It is open on the first Wednesday of each month in the Teaching School, from 3:45-4:45pm,

where you will find:

- A group of Ryders Hayes pupils, trained as peer mentors (look out for their Here to Help badge).
- Supported by trained staff from Ryders Hayes along with support volunteers from St Giles Hospice.
- Children from neighbouring schools across Walsall Wood; Shelfield; Aldridge; Clayhanger and Brownhills drawn together to support one another through an experience of loss or bereavement, past or present....all waiting to meet you.

As space is limited, and to safeguard your child, please let us know if you are planning to attend by calling or emailing Marcus Rylance at Ryders Hayes on **01922 683008** or m.rylance@ryders-hayes.co.uk.

You will be asked to share your school; year group; home address; emergency contact details and any medical conditions/allergies. This data will only be used within the Bereavement Support Station.

Activities may include: Peer facilitation and group activities; crafts, stories, music, speakers, memory work, art, seasonal/occasion themed crafts.

Please see Ryders Hayes website www.ryders-hayes.co.uk and head to Our Community page for more details, or visit:

St Giles website for the most up-to-date information on individual Help Points

www.stgileshospice.com/bereavement-help-point (over 18s) www.stgileshospice.com/Phoenix (under 18s)

At our Bereavement Help Points there will be information on how to cope with all aspects of losing a relative or friend, and if we don't have information to hand, we will endeavour to get it for you or point you in the right direction.

We offer advice and information on emotional, practical and social support.

Why not join us?

at Ryders Hayes Teaching School (rear of school building – follow the signs)
Gilpin Crescent, Pelsall, Walsall, WS3 4HX

Parking is very congested on roads surrounding school. So why not take advantage of our handy arrangement with The Old House at Home, Norton Road, Walsall, WS3 4NT and park at the rear of the pub, just 3 minutes walk away.

