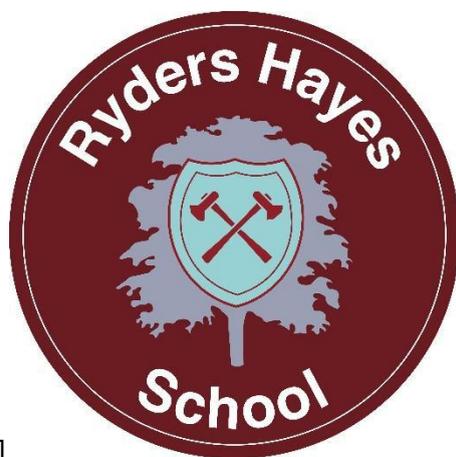


**Ryders Hayes School**  
**A Primary Learning Academy**



# **RSHE Policy**

**Ryders Hayes School**  
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**Sarah Willis**  
**RSHE Leader**  
**2022**

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*'Do the right thing to be the best you can be'...* 

**1.1 Mission: At Ryders Hayes School, children and staff will strive to:**

*“Do the right thing to be the best you can be” ...* 

**Vision:** *To nurture and facilitate the growth of our pupils and their learning; equipping them with the skills and attributes to embrace the challenges of a rapidly changing world. To enjoy success for today and be prepared for tomorrow, by instilling the values of:*

**Character:** *qualities of the individual essential for being personally effective in a complex world including: grit, tenacity, perseverance, resilience, independence, reliability and honesty.*

**Citizenship:** *upholding British Values, thinking like global citizens, considering global issues based on deep understanding of diverse values with genuine interest in engaging with others to solve complex problems that impact human and environmental sustainability*

**Collaboration:** *the capacity to work interdependently and synergistically in teams with strong interpersonal and team-related skills including effective management of team dynamics, making substantive decisions together, and learning from and contributing to the learning of others.*

**Communication:** *entailing mastery of three fluencies: digital, writing and speaking tailored for a range of audiences, through early, high-quality back and forth interaction.*

**Creativity:** *having an ‘entrepreneurial eye’ for economic and social opportunities, asking the right questions to generate novel ideas and explore possibilities, demonstrating leadership to pursue those ideas into practice.*

**Critical Thinking:** *critically evaluating information and arguments, reflecting upon them, seeing patterns and connections, constructing meaningful knowledge and applying it in the real world.*

Ryders Hayes is a Gold Rights Respecting School and as such strongly believes in and promotes the United Nations Convention on the Rights of the Child. All our policies exemplify these rights and our practice aims to ensure that the following rights are adhered to.

Article 3: The best interests of the child must be a top priority in all things that affect children.

Article 12: Every child has the right to have a say in all matters affecting them, and to have their views taken seriously.

Article 13: Every child must be free to say what they think and seek and receive all kinds of information, as long as it is within the law.

Article 14: Every child has the right to think and believe what they want and to practice their religion, as long as they are not stopping other people from enjoying their rights. Governments must respect the rights of parents to give their children information about this right.

Article 19: Governments must do all they can to ensure that children are protected from all forms of violence, abuse, neglect and bad treatment by their parents or anyone else who looks after them.

Article 28: Every child has the right to an education. Primary education must be free. Secondary education must be available for every child. Discipline in schools must respect children's dignity. Richer countries must help poorer countries achieve this.

Article 29: Education must develop every child's personality, talents and abilities to the full. It must encourage the child's respect for human rights, as well as respect for their parents, their own and other cultures, and their environment.

Article 30: Every child has the right to learn and use the language, customs and religion of their family, regardless of whether these are shared by the majority of the people in the country where they live.

Article 36: Governments must protect children from all other forms of bad treatment.

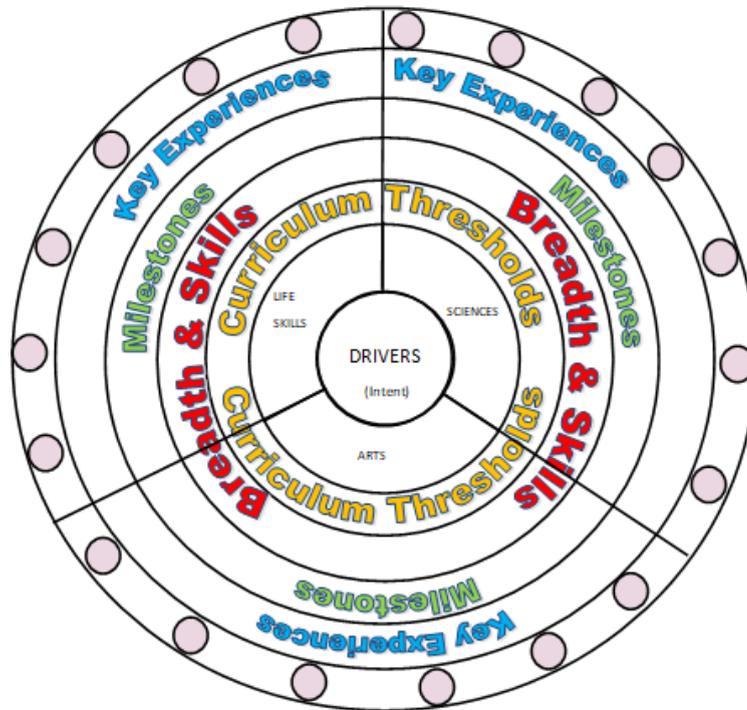
1.2 This policy outlines the learning, teaching, organisation and management of RSHE (Relationships, Sex and Health Education) at Ryders Hayes School.

1.3 The implementation of this policy is the responsibility of all teaching staff. The responsibility for monitoring and review rests with the **RSHE Leader – Sarah Willis**

1.4 The curriculum is designed to build a schema by developing knowledge and vocabulary through a range of topics and deliberate practice.

## 2. Our Intent

### 2.1 Ryders Hayes Curriculum Model



2.2 At Ryders Hayes each subject holds threshold concepts; the key disciplinary mastery aspects of each subject. They are chosen to build conceptual understanding within subjects and are repeated many times in a variety of experiences.

2.3 The threshold concepts in RSHE are:

- Relationships
- Health
- How my body changes

2.4 The threshold concepts are divided into three milestones. We expect pupils in year 1 of the milestone to develop a secure understanding of the concepts and a deeper understanding in year 2 of the milestone. Phase one (Yr1, Yr3, Yr5) in a Milestone is the knowledge building phase that provides the fundamental foundations for later application. Learning at this stage must not be rushed and will involve a high degree of repetition so that knowledge enters pupils' long-term memory. If all the core knowledge is acquired quickly, teachers create extended knowledge.

Milestone 1. At this age children are interested in the differences between boys and girls, naming body parts, where babies come from, and friends and family. What areas of the body are private and should not be touched and who they can talk to if they are worried is also very important.

Milestone 2. At this age children are interested in the emotional and physical changes of growing up, similarities and differences between each other and between boys and girls also coping with strong emotions. How to look after our bodies and how to be safe and healthy are also important.

Milestone 3. At this age children are interested in knowing about love and the different kinds of families and will be more aware of different types of partnerships and relationships. They will be curious about puberty, emotional feelings and changing body image. They will also want to know who they can talk to if they want help or advice and information about growing up and personal safety including online.

2.5 The curriculum at Ryders Hayes has three drivers chosen specifically to permeate the curriculum to meet the needs of our children and their local context.

2.6 The Curriculum Drivers for Ryders Hayes School are to:

Explore possibilities  
Create independence  
Build resilience

## **2.7 Through our teaching of RSHE, we intend to:**

Contribute to the foundations of 'Me In My World'. The school's RSHE programme aims to 'explore attitudes and values with children about relationships, emotions, self-esteem and personal safety.' Children will develop skills in order to make positive decisions about their health related behaviour. During RSHE children will 'develop personal and social skills and a positive attitude to growing up'.

## **2.8 Through RSHE we can also:**

Improve pupils' skills in English, Maths and ICT  
Develop pupils' thinking skills  
Promote pupils' awareness and understanding of gender, cultural, spiritual and moral issues  
Develop pupils as active citizens  
Promote awareness of Health related careers  
Characteristics of positive relationships (including online, respectful, caring friendships, being safe, families and people who care for me)

## **2.9 Entitlement and Equal Opportunities**

We are committed to providing a teaching environment conducive to learning.

All pupils are entitled to access the RSHE curriculum at a level appropriate to their needs arising.

Every pupil will receive their full entitlement to RSHE regardless of their educational ability, gender, race, disability, sexual orientation, ethnicity or faith. The areas of learning within the RSHE curriculum are taught to ensure that there is no stigmatisation of children based on their home/family circumstances (family can include single parent families, LGBT parents, families headed by grandparents, adoptive parents, foster parents/carers amongst other structures) along with reflecting sensitively that some children may have a different structure of support around them (for example: looked after children or young carers). We aim to support children in their emotional, cultural and social, as well as academic development.

Develop an awareness of other cultures and, in doing so, achieve respect, tolerance and understanding of what it means to be a positive citizen in a multi-cultural country embedding the fundamental British values.

Relationship Sex Health Education (RSHE) will reflect the values taught in Me in My World. RSHE will be taught in the context of relationships and health at primary school as stated in Government guidance issued by the secretary of state as outlined in section 403 of the [Education Act 1996](#).

[https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/908013/Relationships Education Relationships and Sex Education RSE and Health Education.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/908013/Relationships_Education_Relationships_and_Sex_Education_RSE_and_Health_Education.pdf)

In addition, RSHE will promote self-esteem and emotional health and well-being and help them form and maintain worthwhile and satisfying relationships, based on respect for themselves and for others, at home, school, work and in the community.

In teaching Relationships Education and RSHE, Ryders Hayes ensures that the needs of all pupils are appropriately met, and that all pupils understand the importance of equality and respect. Schools must ensure that they comply with the relevant provisions of the Equality Act 2010, (please see The Equality Act 2010 and schools: Departmental advice), under which sexual orientation and gender reassignment are amongst the protected characteristics.

We ensure that all teaching is sensitive and age appropriate in approach and content.

Any disclosures in school will be referred to the designated safeguarding lead using CPOMS and safeguarding policy will be adhered to.

## **2.10 Organisation of RSHE within the Curriculum**

As a primary academy school we must provide relationships education to all pupils as per section 34 of the [Children and Social work act 2017](#).

RSHE is linked to all subjects including RE and Science, Me in My World (PSHE), ICT and English through the use of cross curricular Writing.

Additionally, RSHE objectives are met through Mindfulness Assemblies and ongoing Mental Health related activities including growth mindset and Stormbreak.

### 3. Our Implementation

3.1 We have developed and reviewed the national scheme of guidelines for RSHE as the basis for our curriculum planning. We have adapted the national scheme to the local circumstances of our school, i.e. The nature of the children and have made initial consultations with parents. We review our long-term plan on an annual basis.

3.2 Supporting our Curriculum Drivers, we have our knowledge categories which provide the key knowledge within subjects and help us to grow our cultural capital; making links where appropriate to our children and their learning.

3.3 The Knowledge Categories for Ryders Hayes School are:

- Location
- Settlement
- Culture and pastimes
- Significant events
- Food and farming
- Number
- Self-expression
- Career related
- Beliefs
- Innovation
- Language and oracy
- Peace and war

3.4 Within each year group key concepts are taught at stages throughout the school year. These again focus on the need of the cohort. Parents will be informed at the start of each half term of their child's key objectives, how they as parents can support at home and the government expectations by the end of Primary school.

3.5 Teaching and Learning in RSHE will be in line with the school's *Behaviours for Learning Policy*, where provision is made for all learning needs and guidelines for conduct in lessons for pupils and staff.

The RSHE curriculum at Ryders Hayes School is designed to provide children with learning opportunities that reflect the breadth and balance of contexts outlined in the DFE Guidance.

3.6 As an integral part of the teaching and learning of RSHE children will be given the opportunity to undertake a variety of lessons to learn about themselves and others and how they change.

RSHE is a continuous process of learning, which begins well before the children enter our school and continues into adulthood. We have planned a progressive curriculum appropriate to each age group. All adults working with children have a part to play in supporting the delivery of RSHE.

#### 3.10 Key Experiences:

Ryders Hayes RSHE curriculum is a bespoke model to cater for the needs of the children and key experiences have been carefully selected to ensure that they allow children to explore/create/ build: possibilities, resilience and independence in line with the DFE guidance.

The Key experiences include:



MIMW RSE overview – 2022

Relationships Health & well-being Living in the wider world



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 1	Relationships – Be yourself Ryders Learning characters <i>How do I feel?</i>	Health and wellbeing – aiming high <i>What are star qualities?</i>	Living in the wider world – Britain <i>What is a community?</i>	Living in the wider world – Money matters <i>What do I know about Money?</i>	Health and wellbeing – It's my body <i>How do I keep my body healthy?</i>	Relationships – TEAM <i>What is a TEAM?</i>
Year 2	Relationships – VIPs Ryders Learning characters <i>Who are VIPs in my life?</i>	Health and wellbeing – Think Positive <i>What makes me happy?</i>	Living in the wider world – Respecting rights <i>What are my rights?</i>	Living in the wider world – one world <i>What makes places special?</i>	Health and wellbeing – safety first <i>How can I stay safe?</i>	Relationships – growing up <i>How am I growing up?</i>
Year 3	Relationships – Be yourself Ryders Learning characters <i>How do I read feelings?</i>	Health and wellbeing – aiming high <i>How can I have a positive attitude?</i>	Living in the wider world – Britain <i>What does it mean to be British?</i>	Living in the wider world – Money Matters <i>Where does money come from and go?</i>	Health and wellbeing – It's my body <i>How can I make healthy choices?</i>	Relationships – TEAM <i>Can I work in a TEAM?</i>
Year 4	Relationships – VIPs Ryders Learning characters <i>How can I build friendships?</i>	Health and wellbeing – Think positive <i>How can I look after my mental health?</i>	Living in the wider world – respecting rights <i>What are human rights?</i>	Living in the wider world – one world <i>What similarities/differences are here in people's lives?</i>	Health and wellbeing – safety first <i>Is the situation risky/dangerous?</i>	Relationships – The resilient classroom <i>How can I build my own resilience?</i>
Year 5	Relationships – Be yourself Ryders Learning characters <i>What makes me unique?</i>	Health and wellbeing – aiming high <i>What are my achievements?</i>	Living in the wider world – Britain <i>What is democracy?</i>	PHSE and Citizenship – living in the wider world <i>What is 'value for money'?</i>	Health and wellbeing – It's my body <i>What happens during puberty?</i>	Relationships – TEAM <i>How can I work collaboratively?</i>
Year 6	Relationships – VIPs Ryders Learning characters <i>How can I care for my VIPs?</i>	Health and wellbeing – Think positive <i>I can I manage my feelings?</i>	Living in the wider world – respecting rights <i>How can I be rights respecting?</i>	Living in the wider world – one world <i>How can I be a global citizen?</i>	Health and wellbeing – safety first <i>How am I responsible for my own safety?</i>	Relationships – Growing up <i>How am I changing?</i>
	Harvest – Foodbanks Lesson Remembrance day Black history Weekly Votes for Schools Mental health week Anti bullying week		Science week March Weekly Votes for Schools Children's mental health week		Weekly Votes for Schools Transition	

Lessons are taught for one hour in all classes by the class teacher.

**3.11 The role of the RSHE Leader is to:**

Support colleagues in teaching the subject content and developing their skills in planning, teaching and assessing RSHE.

Renew, update and oversee the audit of resources needed to deliver the curriculum

Monitor and evaluate the learning and teaching of RSHE through learning walks and book trawls

Communicate findings, ideas and resources and have an open-door policy for suggestions and questions

## 4. Impact

4.1 The curriculum design and planning will lead to outstanding progress for all pupils, regardless of their starting points, over time. Learning is progressive and builds on prior knowledge and understanding and supports children in producing outcomes of the highest quality. Teaching and learning is adapted to cater for the needs of all pupils; providing support for children with special educational needs and enrichment and challenge for more- able children.

4.2 Opportunities for assessing the impact will be identified in curriculum overviews for each age group, and these will be based on an assessment of key skills and essential knowledge and understanding within RSHE.

4.3 Methods of assessment will vary as appropriate to the learning. A portfolio of work from Y1 to Y6 will show examples of MIMW/ RSHE work included; as well as appropriate evidence from EYFS – understanding the world and will be used to support judgments.

4.4 In RSHE the use of technology is also used to record and gain evidence of children's knowledge and skills. Children will be set small tasks in order to demonstrate the knowledge and skills they have learnt during their learning journey and as part of the end of the Milestones. These tasks will be completed throughout the year to monitor and evidence progression and attainment. Pupil voice will be used to assess the progress in understanding and applying skills needed to become aware of themselves.

### Resources

4.5 RSHE resources are stored in Y5 and Y6 classrooms / Science cupboard. Also to use Walsall resources Growing up (on line). The RHSE website. Other relevant resources.

4.6 If new or additional resources are required this is the responsibility of the RSHE and MIMW Leader to source as well as replenish necessary resources. The RSHE Leader is the curator of the subject and will update and provide medium term plans to each year group, whilst acting as a curator for the RHE.

### Health and Safety

4.7 This policy needs to be read alongside our *Health and Safety Policy*. Consideration needs to be given to conducting appropriate Risk Assessments and ensuring the safeguarding of children and staff when planning and carrying out RSHE activities.

Parents will be informed prior to puberty sessions (Health Education) being delivered in Y5 and Y6. Parents will be invited into school so the content of lessons can be shared and explained.

Parents do not have the right to withdraw their children from relationships or health education which also includes elements of the statutory Science curriculum.

Behaviour expectations will be discussed with the children at the start of puberty sessions.

### Monitoring, Evaluation and Review

4.8 The teaching and learning of RSHE will be monitored through the analysis of medium-term planning, Me in My World books, pupil voice interviews, analysis of assessment data, scrutiny of work samples, completion and recording of RSHE to assess skills and knowledge and learning walks, in line with the School Development Plan.

4.9 The MIMW and RSHE leader will evaluate progress that has been made and the impact of the curriculum to ensure all pupils have been taught the knowledge for them to develop understanding about themselves and how their body changes.

4.10 The Teaching and Learning Trustee Committee will review this policy annually and assess its implementation and effectiveness.