



Personal **S**ocial **H**ealth
Economics (**PSHE**)
and
Relationships and **S**ex
Education (**RSE**)

Ryders Hayes School

Objectives

We want to:

- > Explain the changes to requirements for RSE coming in from September 2020
- > Get your views on our RSE curriculum
- > Explain how we have updated our PSHE curriculum to cover the new statutory elements of RSE



What's New?



- We **must** provide the following to all pupils:
 - Relationships education
 - Health education
- The DfE have made it clear that schools should **not** just 'teach to the guidance', but see it as the basic requirement which forms part of broader PSHE education.
- The statutory guidance outlines what schools **must** cover - though not everything that schools **should** cover - in PSHE from 2020. The Department for Education (DfE) says: '*All elements of PSHE are important and the government continues to recommend PSHE be taught in schools*'.

Relationships Health & well-being Living in the wider world

	<i>Autumn 1</i>	<i>Autumn 2</i>	<i>Spring 1</i>	<i>Spring 2</i>	<i>Summer 1</i>	<i>Summer 2</i>
Year 1	Relationships – Be yourself Ryders Learning characters <i>How do I feel?</i>	Health and wellbeing – aiming high <i>What are star qualities?</i>	Living in the wider world – Britain <i>What is a community?</i>	Relationships – TEAM <i>What is a TEAM?</i>	Health and wellbeing – It’s my body <i>How do I keep my body healthy?</i>	Living in the wider world – Money matters <i>What do I know about Money?</i>
Year 2	Relationships – VIPs Ryders Learning characters <i>Who are VIPs in my life?</i>	Health and wellbeing – Think Positive <i>What makes me happy?</i>	Living in the wider world – Respecting rights <i>What are my rights?</i>	Relationships – growing up <i>How am I growing up?</i>	Health and wellbeing – safety first <i>How can I stay safe?</i>	Living in the wider world – one world <i>What makes places special?</i>
Year 3	Relationships – Be yourself Ryders Learning characters <i>How do I read feelings?</i>	Health and wellbeing – aiming high <i>How can I have a positive attitude?</i>	Living in the wider world – Britain <i>What does it mean to be British?</i>	Relationships – TEAM <i>Can I work in a TEAM?</i>	Health and wellbeing – It’s my body <i>How can I make healthy choices?</i>	Living in the wider world – Money Matters <i>Where does money come from and go?</i>
Year 4	Relationships – VIPs Ryders Learning characters <i>How can I build friendships?</i>	Health and wellbeing – Think positive <i>How can I look after my mental health?</i>	Living in the wider world – respecting rights <i>What are human rights?</i>	Relationships – The resilient classroom <i>How can I build my own resilience?</i>	Health and wellbeing – safety first <i>Is the situation risky/dangerous?</i>	Living in the wider world – one world <i>What similarities/difference are here in people’s lives?</i>
Year 5	Relationships – Be yourself Ryders Learning characters <i>What makes me unique?</i>	Health and wellbeing – aiming high <i>What are my achievements?</i>	Living in the wider world – Britain <i>What is democracy?</i>	Relationships – TEAM <i>How can I work collaboratively?</i>	Health and wellbeing – It’s my body <i>What happens during puberty?</i>	PHSE and Citizenship – living in the wider world <i>What is ‘value for money’?</i>
Year 6	Relationships – VIPs Ryders Learning characters <i>How can I care for my VIPs?</i>	Health and wellbeing – Think positive <i>I can I manage my feelings?</i>	Living in the wider world – respecting rights <i>How can I be rights respecting?</i>	Living in the wider world – one world <i>How can I be a global citizen?</i>	Health and wellbeing – safety first <i>How am I responsible for my own safety?</i>	Relationships – Growing up <i>How am I changing?</i>

Harvest – Foodbanks Lesson
Remembrance day
Black history

Science week March
Weekly Votes for Schools
Children’s mental health week

Weekly Votes for Schools
Transition



What about Sex Education?

- These new statutory requirements do not extend to **sex education** at KS 1 and 2 (beyond the biological/reproductive aspects schools are already required to cover in science)
- However, the Department for Education *'continues to recommend that all primary schools should have a sex education programme tailored to the age and the physical and emotional maturity of the pupils'*
- Parents will continue to have the right to withdraw their child from sex education but **not** from statutory Relationships Education or Health Education.

Right of withdrawal



Current Guidelines

- Under the current SRE guidance, until September 2020, parents can choose to withdraw their child (up to the age of 18) from any or all aspects of Sex and Relationships Education that are not included within the statutory National Curriculum.
- This means that parents are not permitted to withdraw their child from elements of sex education (for example reproductive and biological aspects) that are within the science curriculum.
- Schools must make alternative arrangements for pupils whose parents choose to withdraw them from SRE lessons

Starting September 2020

- Parents will not be able to withdraw their child from any aspect of Relationships Education or Health Education.
- Parents will be able to withdraw their child (following discussion with the school) from **any or all aspects of Sex Education**, other than those which are part of the science curriculum, up to and until three terms before the age of 16.
- After that point, the guidance states that 'if the child wishes to receive sex education rather than be withdrawn, the school should make arrangements to provide the child with sex education during one of those terms.'
- Where pupils are withdrawn from sex education, schools should document the process and will have to 'ensure that the pupil receives appropriate, purposeful education during the period of withdrawal.'

For more information:



Promotional material

Relationships, sex and health education: guides for parents



Search 'RSE FAQ' on GOV.UK

Search 'RSE Parent Guide' on GOV.UK

**Any questions or
concerns:**



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Leader)**

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