



Friday 18th September 2020



'Do the right thing to be the best you can be'...

Getting off to a great start!

Thank you to so many of our parents for their positivity, flexibility and support in getting the term off to such a great start in these extremely challenging circumstances.

It won't have escaped any of you that local and national figures of the spread of COVID-19 are rising again, and the need for some schools to have closed year groups; key stages or whole schools. We are working hard to prevent this happening and we wanted to reassure you that we are doing all we can to remain COVID-secure, with immediate attention to any new guidelines; daily review of our systems and increased social distancing for staff in school to mitigate the risk of partial closure.

We wanted to remind parents about the following:

- Please try to **put all your child's belongings inside their backpack** wherever possible, so that children's hands are free for hand sanitizer on arrival at school.
- Please **keep young children next to you at all times on the playground** if waiting for your child to enter or leave school. Siblings of school age should enter and leave together so there should be no need to wait – just **drop and go**.
- Please ensure that **all items of uniform are named**, including PE kits. This avoids a child accidentally wearing another pupils clothing. Ties should also be named as these are removed in school in very hot weather.
- Please **speak to any Year 5/6 children in your care about their conduct on the common land** adjacent to school. The system is working well now, but behaviour is not always as good as it should be.
- Please limit your interactions with other families outside of school.
- Please **be mindful of the times you are emailing our staff**. We are aware that it can be very difficult in the current circumstances when you can't speak face to face with the teacher – this is why we have made email addresses available to you, as an alternative to using the Pupil Planner as a means of communication. **Staff will not respond that day to any emails sent after 7pm or at weekends. The only exception to this would be the sharing of COVID-19 test results, when you are asked to email s.miner@ryders-hayes.co.uk or j.paul@ryders-hayes.co.uk immediately you have a test result confirmed, including during the evening or at weekends.**

May we also remind you that children will be able to have their 'flu immunisation in school this term, in the form of a **nasal spray for children in Reception to Year 6**. This will be a vital part of our health protection plan. If you have any questions about this nearer the time – please email Mrs Heaton, Assistant Head Teacher, leading on medical needs, c.heaton@ryders-hayes.co.uk or see the FAQ document on the next page.

Thank you for your continued support.

Sally Miner & Jaz Paul
Head Teacher Head of School

Children's flu vaccine FAQs

Does my child have to have the nasal spray flu vaccine?

No. As with all immunisations, flu vaccinations for children are optional.

Remember, though, this vaccine will help protect them against what can be an unpleasant illness, as well as stopping them spreading flu to vulnerable friends and relatives.

Find out more about flu

Why can under-2s not have a nasal spray flu vaccine?

The nasal spray vaccine is not licensed for children younger than 2 because it can be linked to wheezing in children this age.

Why is it just younger children who are routinely given the nasal spray flu vaccine?

The children's flu vaccination programme has been rolled out in stages, starting with the youngest first.

This year (2020 to 2021) it's routinely being offered to all children aged 2 and 3 (on 31 August 2020), plus all children in primary school and those in year 7 at secondary school.

All children with a health condition that puts them at greater risk from flu should have a flu vaccination every year from the age of 6 months onwards.

Most will have the nasal spray vaccine, but it should not be given to children under the age of 2 years or the small number of older children who cannot have it. These children will be offered an injected vaccine.

Why are children not being given the injected flu vaccine instead of a nasal spray?

The nasal spray flu vaccine is more effective for children than the injected flu vaccine, so it's the preferred option.

Will the flu vaccine give my child flu?

No. The vaccine contains viruses that have been weakened to prevent them causing flu.

Does the nasal vaccine contain pork?

Yes, the nasal spray contains a highly processed form of gelatine (porcine gelatine), which is used in a range of essential medicines.

The gelatine helps to keep the vaccine stable, so the vaccine provides the best protection against flu.

Can my child have the injected vaccine that does not contain gelatine instead?

The nasal vaccine provides good protection against flu, particularly in young children.

It also reduces the risk of spreading flu to, for example, a baby brother or sister who's too young to be vaccinated, as well as other family members (for example, grandparents) who may be more vulnerable to the complications of flu.

If your child is at high risk from flu because of one or more medical conditions or treatments and cannot have the nasal flu vaccine, they should have the injected flu vaccine.

Some people may not accept the use of porcine gelatine in medical products. You should discuss your options with your nurse or doctor.

COVID-19: Signs and symptoms

The main symptoms of coronavirus are:

- a **high temperature** – this means you feel hot to touch on your chest or back (you do not need to measure your temperature but if do use accurate probe and >38oC)
- a **new, continuous cough**
- a **loss or change to your sense of smell or taste** – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal

Most people with coronavirus have at least 1 of these symptoms.

Use the NHS 111 online coronavirus service if:

- you're worried about your symptoms
- you're not sure what to do
- [Use the NHS 111 online coronavirus service](https://111.nhs.uk/coronavirus)
- Call 111 if you cannot get help online. Do not go to places like a GP surgery, hospital or pharmacy.



Coronavirus or the common cold or flu?

What are the differences in symptoms....

SYMPTOMS	CORONAVIRUS Symptoms range from mild to severe	COLD Gradual onset of symptoms	FLU Rapid onset of symptoms	HAYFEVER	ASTHMA
Fever ($\geq 37.8^{\circ}\text{C}$)	Common	Rare	Common	No	No
Cough	Common (usually dry & continuous)	Mild	Common (usually dry)	Sometimes (usually dry)	Sometimes (wheeze & cough)
Runny / stuffy nose	Rare	Common	Sometimes	Common	No



- **Improve where you Live?**
- **Make new Friends?**
- **Make a Difference?**
- **Get Fit?**



StreetWatch has been kept really simple, it is about going for a walk with your neighbours, getting to know people in the area and building up a sense of community spirit.

We ask for a minimum of 2 hours a month but you can do as much as you like.

The whole point of StreetWatch is about being that visible presence to **DETER** crime and anti-social behaviour, **NOT** deal with it- that's our job. If you see something that needs to be dealt with, call us.

All members are vetted and trained; the training is very simple and just involves making sure that people are aware of what we are asking of them, this takes approx. 1 hour. After training we register members on the forum which enables you to communicate with us.

We go with you on your first 2 walks to check you are confident and know what you are doing and then you go out independently.

There must be 2 people on each walk for safety and you are given a high visibility jacket with "StreetWatch" on it so people know you are part of an organised group. After that you organise your own walks, go where you want to, for how long you want, when you want!

At the training people usually swap phone numbers and set up chat groups such as WhatsApp to organise the walks - all very simple and low key, you can even walk your dog at the same time if you have one.

It really is up to the group themselves how much or little they do, StreetWatch is for the community, by the community.

Interested?

To get involved or for more information please email - streetwatch@west-midlands.pnn.police.uk or call **07391 864 258**

 @StreetWatchWM

 I am proud of what I do



191004-001618



Preventing crime, protecting the public and helping those in need
www.west-midlands.police.uk



★ ★ ★ ★ ★ ★ ★ ★ ★ ★
★ **Well done.....** ★
★ To Megan who created ★
★ this amazing piece of ★
★ Pop Art during ★
★ lockdown. She used ★
★ spray paint and cut ★
★ out the stencil to make ★
★ the Coca Cola bottles. ★
★ ★ ★ ★ ★ ★ ★ ★ ★ ★



Article 45 – Unicef can provide expert advice and assistance on children’s rights.